

Shaun Lester, PhD, LPC-S



Dr. Shaun Lester lives in Conroe, TX with his lovely wife, Nicole, and 17-year-old son, Grant. He has nearly 30 years of experience as a Christian counselor working with adults, adolescents, children, couples, families, and groups. He specializes in family counseling, marital reconciliation, divorce recovery, parenting education, child & adolescent behavioral intervention, and individual life coaching to assist individuals with adjustments, anxiety, and mood disorders.

Dr. Lester is a Licensed Professional Counselor and Approved Supervisor in the state of Texas. He earned his PhD in Marriage and Family Therapy from Texas Tech University and a Master's degree in Counseling Psychology and a Bachelor's in Psychology and Religion from Eastern New Mexico University. His professional positions have included Director of Programs at Crisis Intervention of Houston, Inc., Director of Counseling & Intervention Services at Women's Protective Services, Inc., and Associate Clinical Psychologist at Lubbock State School. In addition to managing a private practice at Compasstree Counseling, he founded Help4Helpers, a free support network for professionals in human services (educators, medical professions, mental health providers, ministry staff, etc.) and Ranger Wilderness, a Christian therapeutic wilderness program for children and adolescents.

For more information about me, follow this [link](#).